

Staying In Pace

An Equine experiential growth and learning group for adolescents ages 13-15

Hosted By

Painted Horses, LLC

April Roglitz,

LCSW/ES, EAGALA Cert.

Kathe Pilibosian,

LCSW/ ES, EAGALA Cert.

David Lawrence

LADC/Student Intern

Location

Windy Pine Acres

175 Brown Rd.

Richmond, Maine

04357

Time

Wednesday

5:00 pm to

7:00 pm

Payment

Select Private Insurance

Private Pay Accepted

Mainecare

Contact

April Roglitz, LCSW

207/837-7671

www.paintedhorsesllc.com



Staying in Pace.... Is a therapeutic counseling group designed to address the issues that are relevant to adolescents in today's world. This group utilizes a blend of EAGALA Model Equine Assisted Psycho-therapy and traditional group therapy techniques.

Areas explored in session may consist of but are not limited to the following:

- ❖ Managing emotions with emphasis on learning DBT Skills
- ❖ Balancing life, family, friends
- ❖ Intimate relationships
- ❖ Healthy living
- ❖ Learning about you (self-exploration)

