

Walk On

Equine Resolutions

For Soldiers and Their Families

Hosted By

*Painted Horses, LLC
April Roglitz, LCSW
EAGALA Cert.
Kathe Pilibosian,
LCSW, ES*

Location

*Windy Pine Acres
175 Brown Rd.
Richmond, Maine
04357*

Time

*Thursdays
8:00 am to 9:30 am*

Payment

*Select Private Insurance
Private Pay Accepted
Mainecare*

Contact

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Walk On....is a therapeutic group designed to address the unique issues that are relevant to Military men and women. This group utilizes a blend of EAGALA Model Equine Assisted Psycho-therapy and traditional group therapy techniques.

Areas explored in session may consist of but are not limited to the following:

- ❖ Managing symptoms of trauma
- ❖ Exploring issues related to deployment
- ❖ Balancing civilian life of family, friends, and career
- ❖ Intimate relationships
- ❖ Healthy living
- ❖ Learning about you (self-exploration)

